

M E N U



EL MORITO

Mariscos & Lounge



EL MORITO

*A family dream
come true!*

El Morito Restaurant was born from the nostalgia of an old family childhood story that taught us respect for others while also transporting us through the aromas and flavors of traditional Latin American cuisine, crafted from family recipes with a professional touch.

A unique beachside corner in the beautiful capital of Honduras, El Morito opened its doors on July 29, 2013, with the primary goal of becoming the restaurant where locals, nationals, and visitors from abroad could enjoy a fantastic service experience.

Our love for what we do and our belief that the phrase "the customer comes first" is not just an overused slogan but a core value of our company culture ensures that you'll always return to your Morito, your home, where you'll leave happier than when you arrived.

Environmental Statement

Inversiones El Morito S.A. declares that as part of its efforts to reduce its CO2 footprint and protect the environment, it has implemented the use of solar panels, light activation sensors, and dimmers for air conditioners to minimize energy consumption. Additionally, the company uses biodegradable packaging and straws, recycled paper for internal communication, and locally sourced ingredients for food production.

Statement

Inversiones El Morito S.A. does not discriminate based on race, religion, sexual orientation, physical condition, socioeconomic status, or any other reason. Furthermore, it upholds a policy of inclusion for vulnerable groups and individuals living with HIV encompassing its staff, customers, and suppliers.



In December 2019, El Morito was awarded the certificate

**SICCS (SISTEMA INTEGRADO
CENTROAMERICANO DE CALIDAD Y
SOSTENIBILIDAD)** with a score of 100%,
demonstrating our company's commitment
to you.





Non-alcoholic BEVERAGES

Lemonades

(Original, strawberry, mango, coconut, mint, basil, watermelon)

L.100.⁰⁰



Seasonal Natural Juices

L.95.⁰⁰

Horchata

A traditional drink made from rice, morro, cinnamon, and a hint of lemon

L.95.⁰⁰



Refillable Beverages

(Pepsi, Mirinda Orange, Seven Up, Iced Tea)

L.65.⁰⁰

Bottled Pepsi

L.60.⁰⁰

Pepsi Zero

L.60.⁰⁰



Mirinda Orange

L.60.⁰⁰

Seven Up

L.60.⁰⁰

Salutaris Ginger Ale

L.60.⁰⁰



Mountain Dew

L.60.⁰⁰

Lemon Iced Tea (bottle)

L.60.⁰⁰

Salutaris plain soda

L.60.⁰⁰

Sparkling water

L.50.⁰⁰

Still water

L.40.⁰⁰



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NEW

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Chef's RECOMMENDATIONS



- Chicken in mustard and honey cream** L.320.00 ★ ⚠
Tender chicken breast in a mustard, honey, and cilantro sauce accompanied by two side dishes of your choice
- Catracha's personal grill** L.420.00 ★ ⚠
Beef, chicken, and sausage served with grilled corn, tortillas, pickled vegetables, and two side dishes of your choice
- Seafood casserole** L.450.00 ★ ⚠
Delicious casserole with shrimp, fish, mussels, and squid in a citrus coconut cream sauce, served with cassava, plantains, and white rice
- Coconut fish stew (tapado)** L.450.00 ★ ⚠
A flavorful tapado broth base with yucca and plantains, served with delicious fish, accompanied by white rice and fried plantains
- Land and Sea** L.495.00 ★
Grilled churrasco steak accompanied by breaded shrimp, chimichurri, tartar sauce, and two side dishes of your choice
- Pan-fried fish with shrimp** L.590.00 ★ 🌶
Delicious fried fish served with a red shrimp sauce, jalapeño, and vegetables, accompanied by two side dishes of your choice
- Beef medallion and one lobster** L.750.00 ★
Juicy tequila seared beef medallion, topped with lemon lobster chunks, accompanied by two side dishes of your choice



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PIZZAS

8 slices

Choose white sauce or red sauce

Four Cheese Pizza

A delicious combination of cheeses:
Mozzarella • Cheddar • Parmesan • Asiago

L.225.⁰⁰ ★



Pepperoni pizza

L.225.⁰⁰ ★



Shrimp pizza

L.245.⁰⁰ ★



Shrimp and pepperoni pizza

L.260.⁰⁰ ★



Land and sea pizza

L.285.⁰⁰ ★



EXTRAS

Pepperoni

L.45.⁰⁰

Ham

L.45.⁰⁰

Shrimp

L.60.⁰⁰

Italian sausage

L.60.⁰⁰

Calamari

L.60.⁰⁰



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APPETIZERS

Potatoes with cheese and chives L.115.⁰⁰

Hot fries topped with cheddar cheese and bacon, flavored with chives



Beef empanadas L.120.⁰⁰

Six traditional "pastelitos capitalinos" served with cabbage, pickles, sauce, and cheese



Tostones with cheese L.125.⁰⁰

Six tostones with fried cheese, served with pickled onion



Creole sausages L. 130.⁰⁰

Six delicious sausages served southern-style with tortillas and pickled onion



Mozzarella sticks L.180.⁰⁰



Virgin shells L.220.⁰⁰



Chicken bites L.210.⁰⁰

*(Barbecue sauce, honey mustard, or buffalo)
Delicious breaded chicken bites in your favorite sauce, served with celery, carrots, and fries*



Steamed clams L.240.⁰⁰



Pork chicharrones with avocado and tortillas L.320.⁰⁰

Warm pork chicharrones served with avocado sauce, pickles, and tortillas



Catracho variety L.900.⁰⁰

Breaded shrimp, breaded fish pieces, pork crackling, beef patties, tostones with cheese, sausage, beans, avocado, tortillas, and pickled vegetables



BEACH snacks

Fish tacos L.230.⁰⁰



Shrimp tacos L.260.⁰⁰



Nachos with cheese L.210.⁰⁰



Nachos with chicken L.240.⁰⁰



Nachos with shrimp L.290.⁰⁰



Garlic mussels in wine or gratinated L.350.⁰⁰



Seafood basket L.380.⁰⁰



Tilapia carpaccio L.290.⁰⁰



Salmon or octopus carpaccio L.450.⁰⁰



Carpaccio trio L.500.⁰⁰

(Octopus, tilapia, and salmon)

A combination of fine cuts full of flavor, served with kasabe or bread



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CEVICHES

Styles

Creole, peruvian 🌶️, pacific 🌶️, oriental

Fish	L.250 ^{.00}	⚠️
Shrimp	L.300 ^{.00}	⚠️
Conch	L.300 ^{.00}	⚠️
Octopus	L.450 ^{.00}	⚠️



Special Ceviches

Chicharrón ceviche L.215^{.00} ★ 🌶️ ⚠️

Ceviche trio L.550^{.00} 🌶️ ⚠️

Conch, shrimp, and fish marinated in lemon with three spicy sauces that will take you on a journey of flavor

Back to life L.520^{.00} 🌶️ ⚠️

Hot sauce mix, juice tomato, mixed seafood and avocado (shrimp, fish, squid, mussels, curiles and conch)



COCKTAILS

Curiles cocktail L.250^{.00} ⚠️

Shrimp cocktail L.270^{.00} ⚠️

Conch cocktail L.270^{.00} ⚠️

Shrimp and conch cocktail with L.350^{.00} ★ ⚠️
avocado

Lobster cocktail L.500^{.00} ⚠️

(Subject to availability)

In our traditional pink sauce, this cocktail will remind you of the beauty of the Honduran Caribbean



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SOUPS

Blue crab soup	L.270. ⁰⁰	⚠
Crab soup	L.290. ⁰⁰	⚠
Fish fillet soup	L.280. ⁰⁰	⚠
Shrimp soup	L.290. ⁰⁰	⚠
Conch soup	L.300. ⁰⁰	⚠
Garífuna soup	L.300. ⁰⁰	⚠
(you can order it without crab and blue crab)		
Shrimp and fish broth	L.300. ⁰⁰ ★🌶⚠	
<i>a powerful broth without coconut, accompanied by vegetables, shrimp, fish, rice, and tostones</i>		
Poseidon soup	L.380. ⁰⁰	⚠
Great sailor soup	L.680. ⁰⁰	⚠
Great Caribbean soup	L.750. ⁰⁰	⚠
<i>the biggest of them all. Contains: king crab, octopus, mussels, clams, shrimp, conch, squid, and a fried fish</i>		
Half fish fillet soup	L.160. ⁰⁰	
Half shrimp soup	L.175. ⁰⁰	
Half conch soup	L.190. ⁰⁰	
Half Garífuna soup	L.190. ⁰⁰	

The half soups include rice, tostones, and lime



DISHES to share

Catracho grill platter

(2 people)

Grilled chorizo, chicken fillet and steak served with barbecue sauce and chimichurri, tortilla, roasted corn and cheese

L.720.⁰⁰



Grilled chicken and shrimp platter

(2 people)

L.720.⁰⁰



Garlic king crab

(2 people)

Delicious garlic king crab served with two side dishes of your choice

L.750.⁰⁰



Caribbean wave

(2 people)

Huge plate of King Crab, shrimp, conch and garlic fish fillet with butter. You can order it without king crab.

L.885.⁰⁰

Half Omoa seafood platter

(4 people)

L.1,500.⁰⁰



Family Olanchano meats platter

(4 people)

L.1,725.⁰⁰



The Olanchano plains deliver this delicious recipe with chorizo, beef, chicken, pork, beans, cheese, tortillas, pickled vegetables, and grilled corn

Omoa seafood platter

(8 people)

L.2,750.⁰⁰



Mixed seafood and meats grill platter

(6 people)

L.2,875.⁰⁰



El Morito Family Platter

(10 people)

The El Morito family lovingly prepares this dish for all of you. A delicious combination of a rich grilled platter with chicken, sausage, BBQ ribs, breaded shrimp, and 10 fried tilapias in Yojoa Lake style, accompanied by rice and beans, fried plantain slices, tortillas, cheese, and salad.

L.4,600.⁰⁰



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PASTAS

Linguine style

Alfredo • Olive oil and roasted garlic
Spring 🌶️ • Diablo 🌶️

Chicken



L.390.00

Shrimp



L.400.00

Mussel



L.400.00

Clam



L.400.00

RICE

Style

Creole / Curry / Fried

Shrimp rice L.350.00



Rice with chorizo and shrimp L.370.00



Seafood rice L.500.00



Designed for you to delight in traditional and Mediterranean flavors, choose how you'd like them and the style, so our kitchen can treat you.

All dishes are served with a green salad and tortilla chips.



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Whole FISH

Styles

Lago de Yojoa • Southern • Coastal

Medium export-quality tilapia L.360.⁰⁰ ⚠

Saltwater fish L.450.⁰⁰ ⚠
(Snook, grouper, or red snapper, subject to availability)

Stuffed FISH

L.650.⁰⁰

Choose sauce

Jalapeño • Creole • Green

Choose the filling

- Shrimps ⚠
- Conch ⚠
- Shrimp and conch ⚠

Fish FILLET

L.380.⁰⁰

Choose from

- Grilled ⚠
- Garlic style ⚠
- Breaded ⚠
- Jalapeño 🌶 ⚠

Shrimp stuffed in thermidor sauce

L.530.⁰⁰ ⚠

SHRIMP

L.450.⁰⁰

- Grilled ⚠
- Garlic style ⚠
- Breaded ⚠
- Lemon and honey ★ 🌶 ⚠
- Garlic sauce ★ ⚠
- Breaded with coconut ⚠



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CONCH

(Subject to availability)

L.450.⁰⁰

- Grilled ⚠
- Garlic style ⚠
- In coconut and curry ⚠
- Breaded ⚠
- Breaded with coconut ⚠
- In butter and herbs ⚠



LOBSTER

(Subject to availability)

L.660.⁰⁰

- Grilled ⚠
- Garlic style ⚠
- In jalapeño sauce 🌶️ ⚠

Stuffed with shrimp in thermidor sauce

L.780.⁰⁰ ⚠

SALMON

L.550.⁰⁰

- Grilled ⚠
- Garlic style ⚠
- Pan-seared ⚠
- In butter and herbs ⚠

Stuffed with shrimp in thermidor sauce

L.650.⁰⁰ ⚠



OCTOPUS

L.580.⁰⁰

- Pan-seared ⚠
- Garlic style ⚠
- Balsamic and honey ⚠
- In its own ink ⚠



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Both feet ON THE GROUND

Chicken fillet L.320.⁰⁰
(Choose grilled, BBQ, jalapeño sauce,
mushroom sauce)

12 oz pork ribs L.450.⁰⁰

12 oz Puyazo L.520.⁰⁰

8 oz national churrasco L.400.⁰⁰

12 oz national churrasco L.550.⁰⁰

12 oz rib eye L.650.⁰⁰

SALADS

Styles

César • Thai • Greek • Catracha

Chicken

★ ⚠
L.260.⁰⁰

Shrimps

★ ⚠
L.290.⁰⁰

Fish

★ ⚠
L.280.⁰⁰

Seafood

★ ⚠
L.400.⁰⁰

(Lobster, calamari, shrimp, fish)



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Kids' menu



Chicken nuggets	L.225. ⁰⁰	⚠	Fish fingers	L.240. ⁰⁰	⚠
Chicken fingers	L.225. ⁰⁰	⚠	Shrimp basket	L.240. ⁰⁰	⚠

SIDE DISHES

Rice	L.75. ⁰⁰	⚠	French fries	L.75. ⁰⁰	
Rice and beans	L.75. ⁰⁰	⚠	Green salad	L.75. ⁰⁰	⚠
Fried beans	L.75. ⁰⁰ ★		Sautéed vegetables	L.75. ⁰⁰	⚠
Tostones	L.75. ⁰⁰		Corn on the cob	L.75. ⁰⁰	
Plantain slices	L.75. ⁰⁰		Mashed potatoes	L.75. ⁰⁰	⚠
Green banana slices	L.75. ⁰⁰		Fried yuca	L.75. ⁰⁰	
Stuffed potato	L.75. ⁰⁰	⚠			

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Hot COFFEE

Espresso	L.60 ^{.00}	Cappuccino	L.85 ^{.00}	⚠
Double espresso	L.90 ^{.00}	Latte	L.90 ^{.00}	⚠
Americano	L.65 ^{.00}	Hot tea (variety)	L.50 ^{.00}	

Extras

Semi-skimmed milk	L.15 ^{.00}	⚠	Lactose-free milk	L.15 ^{.00}	⚠
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DESSERTS

Caramel or coconut flan	L.110 ^{.00}	⚠	Lemon tart	L.95 ^{.00}	⚠
Cheesecake	L.130 ^{.00}	⚠	Honduran honey donut	L.95 ^{.00}	⚠
Crème Brûlée	L.100 ^{.00}	⚠	Pio V	L.95 ^{.00}	⚠



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Ask your server about our
gift certificates



Shop online
WWW.ELMORITO.COM
Tel.: 2283-6676
#ComoEnLaPlaya